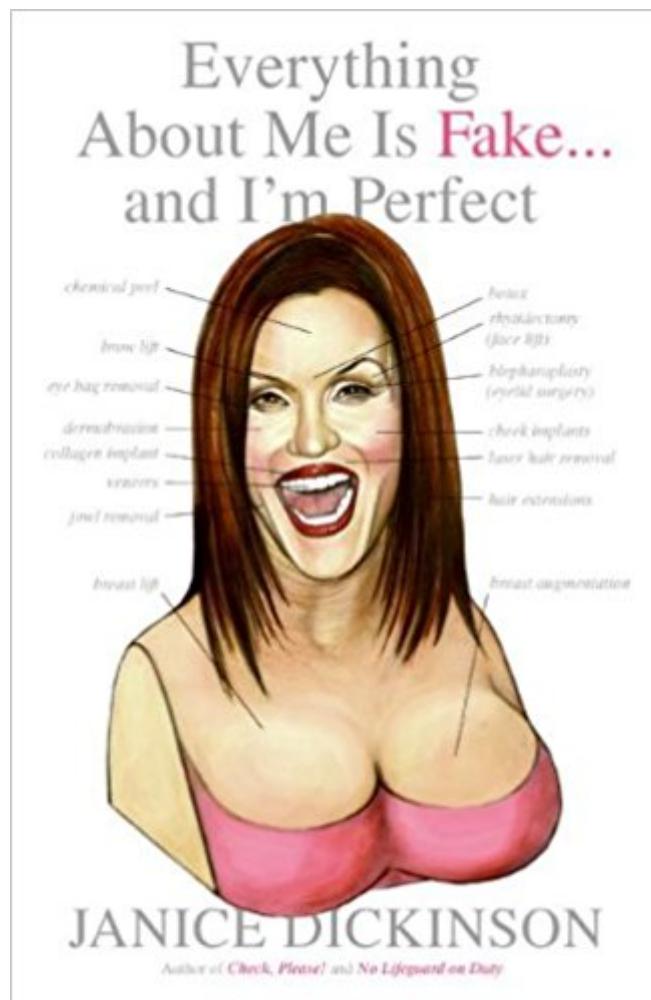


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# Everything About Me Is Fake-- And I'm Perfect



## Synopsis

In *Everything About Me Is Fake...and I'm Perfect*, the hilarious and candid follow-up to the national bestseller *No Lifeguard on Duty*, Janice Dickinson tackles our society's unattainable standards of beauty and reveals the secrets behind her own lifelong struggle to achieve perfection — from her bra-stuffing days as a flat-chested teenager through her career as the world's first supermodel to her ultimate comeback as a bestselling author and television star on the top-rated reality television hit *America's Next Top Model*. Even as she graced the glossy pages of *Vogue* and *Cosmo*, Janice had to struggle to keep up the image of brazen self-confidence and bravado that became her trademark. Behind every smile and pose was a sea of self-doubt and insecurities. Now, after years of experience as a supermodel — being stitched into clothing, starving herself, and undergoing cosmetic surgery — Janice debunks the beauty myths and breaks down what's real and what's not. Drawing on her vast knowledge of fashion, beauty care, and fitness, Janice offers no-nonsense advice and tips on how to look and feel your best on your own terms. You see on the magazine pages starve themselves for weeks on end, smoke up a storm, and scarf down enough diuretics to blast out the Pacific Ocean. No one tells a story like the world's first supermodel, and Janice's eagerly awaited follow-up is filled with outrageous anecdotes from her personal life, including how she stole Donald Trump's heart after jacking his limo, her steamy date with JFK Jr., and the wonders and pitfalls of going under the knife. In a fabulous fashion that only Janice can deliver, she tells all about her bumpy and unpredictable road to a healthy self-image and pulls back the curtain on the modeling industry, as well as her own life, proving why, as Janice explains: "Everything about me is fake . . . and I'm perfect."

## Book Information

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## Customer Reviews

Janice Dickinson is perfect, just so you know. Or at least, she would love for you to think so. In her second autobiographical book, the "Big Dog" turns the focus from her life to herself and her career -- and while at first it's a big loop of trashy enjoyment, her irritating personality taints it all. In "Everything," Dickinson presents plenty of the nasty behind-the-scenes details of the modelling world, like eating disorders, sleeping one's way to the top, and lots and lots of airbrushing. She also gives detailed tales of who slept with her, who wanted to sleep with her, and the assorted dates she had with adoring male celebrities. Not to mention tips on how to banish wrinkles (which have only sort of worked). Janice starts off with some basic stuff about supermodels, all anecdotes focused on her not eating, posing in bathing suits in zero-degree weather, and pouting sexily. Then, when she apparently run out of material, she decides to give women relationship tips straight out of a dominatrix's handbook ("Get him while he's down: throw salt in his wounds...") and gives us details of her many affairs, including a rather icky fling with Rolling Stone Mick Jagger. While "Everything" is fun for awhile, Janice herself gets annoying. Not only is she extremely self-centered, but some of her stories have a hint of fantasy about them. The men -- Mick Jagger, Donald Trump, Bruce Willis, JFK Jr., three-fourths of the Beatles -- all worshipped her, and all the women either adored her, or were nasty and are promptly cut to bits by Janet's oh-so-witty cattiness. Everyone tells her how beautiful, sexy and wise she is.

I really enjoyed "No Lifeguard on Duty" Dickinson's pre ATNM book. But "Everything about me is Fake" was an irritating bore. Dickinson as usual distorts facts and timelines but this time with absolutely no resemblance to reality. She shaves off ten years here and ten years there in most of her recollections. She gives the reader the impression that she isn't capable of remembering when things happened or if they really happened at all. Her accounts of her life in her first book were extremely exaggerated yet seemed to contained kernels of truth. This time around her recollections are too distorted to be believable. She never tires of portraying herself as either the victim, the unattainable siren or the perfect mother. Her tale gets old fast. In one episode she says she met Julia Roberts at a lavish party, she says in the 80's, right after Julia filmed her documentary about orangutangs. Hello, Julia Roberts filmed that in 1998. She wasn't even a big star in the 80's. Petty criticism, maybe. But I like to think the author has some grip on reality. As one who actually

watched her Dr. Phil episode, which Janice's details, I found her account laughable and scary. No, the audience didn't applaud her like she was at a Stones concert. In fact when she said she was "perfect" they began to laugh. No it was not a PSA to young women but maybe one for the damage that drugs can cause the brain. It was truly cringe-worthy. Her descriptions of her encounters with John Lennon, President Reagan and Barbra Streisand were surreal. Maybe she met them but I highly doubt what she says happened actually did. Maybe these are inconsequential grievances for some but they completely eroded her credibility for me.

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